



EQUIPMENT

- Harness that allow freedom of movement.
- Dog collar can damage the neck.
- 3 meters leash. Avoid flexis.



SNIFF

- Through the smell, they obtain information.
- We must allow them to sniff during the walk.
- A curious dog is a mentally healthy dog.



INTERACT WITH OTHER DOGS

- Puppies need to relate to dogs of different ages.
- Group walks are highly recommended, loose or with leash.

EXERCISE AND DURATION

- With leash, maximum 45-60 minutes a day. Puppies a lot less.
- Walk slowly.
- The dog must return home relaxed but fresh, not tired, not excited.
- The best exercise is without leash, walking at their own pace.



VARIETY

- Take him to different places that he can snoop.
- Curiosity and variety stimulate learning and memory.
- A good walk promotes and reinforces the bond with our furry friends.

Ángeles Martínez Giménez

www.galagos.es



GOOD WALK



The walk with our dog has to satisfy his physiological, social and exercise needs.