

## 5) Social contact

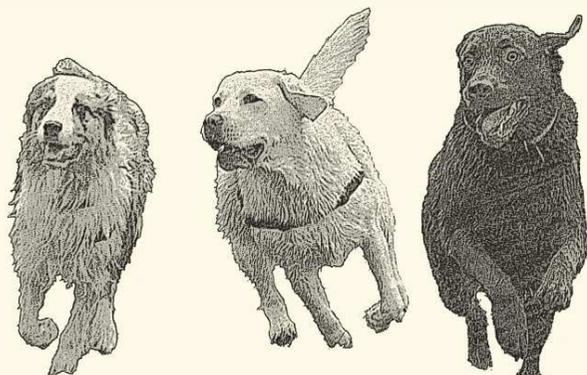
A social life is essential for a dog.

Dogs want to share their lives with us and be part of our daily life.

Dogs need social contact with other animals & people for their entire life.

For puppies, it is a good idea to have social contact with stable adult dogs so they can learn from them.

Without social contact, a dog will develop behavioral problems.



These 5 bare necessities are not only natural for dogs, they are vital.

They may never be denied to them as a form of punishment or training.

We play a very important role and responsibility in helping them fulfilling their basic needs.

## The 5 bare necessities of dogs



Food



Water



Sleep



Pee & Po



Social Contact



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## The bare necessities



The 5 fundamental needs  
for a dog

In this brochure you will find the 5 fundamental needs for a dog in order to survive.

They look very common sense but everything is not as obvious as you think.



### 1) Food

Good food is as important for dogs as it is for us. You should make a thorough study of what you want to offer them.

For adult dogs it is a good idea to provide 2 meals a day. Just as with humans they can have a dip that disappears after their meal.

A sufficient amount of high-quality food must be provided every day, constant hunger is a stress factor for dogs and could lead to behavioral problems.

Look for variation in your food and offer him occasionally with a treat.

Just like us they love a little snack in between.

### 2) Water

It is crucial that your dog has access to fresh water all the time.

Fluids are essential for a good metabolism and the regulation of the body temperature.



### 3) Sleep

Did you know that a healthy dog sleeps 14 to 18 hours (or more) a day?

Many behavioral problems are due to a lack of sleep/rest.

Sleep is an important function for the regeneration of the body and the brain.

Dogs are Polyphasic Sleepers, which means that they sleep in different blocks during the day. They tend to change their position and move about from one place to another before they start sleeping again.

Therefore it is important to give the proper time and space to rest.



### 4) Pee & Po

Dogs should have the possibility to go Pee & Po as many times as they need to.

Did you know that a medically healthy adult dog pees 7 - 15 times a day including the walks?

With older dogs or dogs suffering from stress, these numbers can become higher.

Puppies just like young children are not yet able to control this mechanism. Therefore they must be taken outside after every activity they do.

Never let a dog wait when they come asking to go Pee or Po, this can be very stressful for them.

