

## **WANT TO COME MAN-TRAILING / TRACKING WITH YOUR DOG?**

Wherever we go, with every step each one of us leaves an individual scent path (on the ground, in the air...). Scent "sticks" and our dog is able to follow it.

Even when people are long gone, this scent trail is still existent for our dogs and this can be despite other people and/or animals crossing this trail.

All ages ... all breeds ... whether or not you/your dog are experienced



## **IT IS A GREAT ACTIVITY IF YOU LIKE**

- 🐾 To spend quality time with your dog
- 🐾 To see your dog in a different light
- 🐾 Fresh air
- 🐾 Discover new places



(\*) each track is created taking into account the partnership who is tracking (ability, experience, etc) and each partnership tracks on their own

If interested, come join us - usually on a Saturday morning - just fill in the contact form at [www.happyandrelaxeddogs.com](http://www.happyandrelaxeddogs.com)



# **MAN-TRAILING**



**TRACKING PEOPLE  
AND ALSO  
ANIMALS, OBJECTS...**

## THE FANTASTIC DOG NOSE

Humans have around 6 million olfactory cells; dogs have, depending on their breed, up to 300 million <sup>(1)</sup>.

Their capability to filter an individual scent out of all the different smells is simply incredible and they can do so on grass, pavements, water.....



To take in the “runner’s” individual scent, they only need a ‘smeller’ (cotton T-shirt or the like).

<sup>(1)</sup> In her book “*Inside of a Dog*”, Alexandra HOROWITZ writes that while we might notice that our coffee has had a teaspoon of sugar in it, a dog could detect that teaspoon of sugar in the equivalent of two Olympic-sized pools.

## REASONS TO COME LET YOUR DOG USE HIS NOSE

- 🐾 Uses our dogs innate abilities
- 🐾 Boosts your dog’s self-confidence
- 🐾 Teaches the human to trust his dog
- 🐾 Nose work requires calm concentration
- 🐾 Improves the relationship between the dog and his human
- 🐾 Involves mental stimulation

... and most importantly dogs just love it ...



## RECOMMENDED READING/WATCHING

- 🐾 *The Canine Kingdom of Scent* by Anne Lill KVAM (book and DVDs)
- 🐾 *How do dogs "see" with their noses?* by Alexandra HOROWITZ (short 5minute video) [https://www.youtube.com/watch?v=p7fXa2Occ\\_U](https://www.youtube.com/watch?v=p7fXa2Occ_U)

## WHAT YOU NEED

- 🐾 About 4 hours
- 🐾 You and your dog
- 🐾 A backpack
- 🐾 Water and a water bowl
- 🐾 A harness adapted to the morphology of your dog (throat, armpits and shoulder blades free)
- 🐾 A 10 meter lead – I can lend you one for the first few times
- 🐾 A “smeller”, usually a cotton cloth bearing your smell kept in a resealable plastic bag, so that you can be the “runner” for another dog
- 🐾 Some “lick-able” treats in individual containers

