

Be a responsible dog owner. Hold the lead shorter whenever you walk in busy traffic or other situations where you need to provide safety for your dog.

Remember, you can shorten a long lead, you cannot lengthen a short one.

# Always use a Harness

A collar can cause:

- neck and back injuries
- thyroid issues
- we eye issues
- behavioural problems
- neurological damage

A well fitted harness does not put any pressure on the throat, cervical spine or soft tissues of the neck.

### No Retractable Lead!

For your dog to feel comfortable when walking with you on lead, it is very important that he does not feel the constant tension of a self-retracting lead.

**Recommended**: My dog pulls. What do I do? - Turid Rugaas DVD & Book

## **Good Habits**

- Your lead should not be shorter then 3 meters.
- Always have your hand through the loop at all times. It can save your dog's life.

Your dog might be very well behaved, but he might still suddenly just want to sniff or have an instinctive reaction to chase.

Don't let the lead drag on the ground, so it doesn't tangle around the paws.

# Walking Nicely on Lead

- ls your dog
  - pulling on lead?
  - Wlunging at other dogs?
  - &chasing bicycles, joggers? ...
- Would you like to learn about your dog's body language?

## We can help you!

Contact: 0479/50.32.21 info@happyandrelaxeddogs.com



# Your dog NEEDS a long lead



And so do YOU

# Body Language = Communication

Out on a walk your dog is constantly using his body language to communicate:

## with you:

can we go this way? what now? I'm so happy, I'm tired ...

#### with his environment:

what's this? where does that noise come from? ...

## with other dogs:

I mean no harm, I'm friendly, can we play? please leave me alone, be polite ...

Our dogs have a vast repertoire of calming signals and polite rules of communication. Holding them on a short lead and/or having them walk to heel, handicaps them in the way they can deal with the world around them.



# **Stay out of Trouble**

The advantage of unrestricted communication is that your dog can "tell" you when he wants to avoid a situation that might be too difficult or confronting for him.

"Listen" to your dog and be a good dog parent, provide security, by allowing distance. Curve around whatever he wants to stay away from.

- If it is an object, give him the time to curve around it at his comfortable distance until he realises it is not an issue.
- If it is another dog or a person, curve around and avoid a situation where your dog feels he has to defend himself.

**Always anticipate,** do not wait for your dog to be reactive.



# Walking = Exploring

A healthy dog is a curious dog.

So give him the chance to be curious and keep his brain healthy, by sauntering and allowing him to walk from left to right on your path.

Stand still and wait for him when he wants to have a sniff or just look around.

A long lead will allow and encourage your dog's natural curiosity and will stimulate his brain to develop.

Curiosity is the natural stimulant to grow new braincells and have many connections in between the cells. So for puppies to old dogs, curiosity is what keeps the brain young and healthy.

When you use a longer lead, you can allow your dog to sniff left and right, ahead or behind without even stretching your arm.

