

rules of the game

- ◇ Make sure there is always someone with the dog
- ◇ Let the dog off lead so that he can walk freely at his own pace
- ◇ Try not to distract him, even with encouragement
- ◇ To begin with, use a few objects, you can try more the next time
- ◇ Don't hurry your dog - he will let you know when he's had enough!
- ◇ Try to be quiet and stay in the background. Take a Zen moment for yourself.
- ◇ Make regular safety checks on all of the equipment
- ◇ Have some water handy
- ◇ Bear in mind that your dog will get tired, but also satisfied



Colophon

This brochure is part of my end work for my International Dog Trainer Education (IDTE) with Turid Rugaas.

Turid is known world wide for her book "Calming signals".

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WELCOME
to
the
SENSORY
GARDEN



what is a sensory garden??

Dogs like sniffing! That's the way they explore the world.

A sensory garden gives them that opportunity. Moreover, it doesn't end with sniffing. Their senses of hearing, sight, taste and touch are also challenged. All of the senses are taken into account in this garden which is created especially for doggies.



why do we need it?

for which dogs?

All dogs. Big or small, young or old, athletic or even a bit rusty, the garden is suitable for every dog.

We can make variations if needed, but the basics are just fine for every pet.

Your dog will be happy just doing his dog thing.

But there is also scientific proof that it's good for him:

- ◇ It stimulates the creation of brain cells
- ◇ His concentration and self-confidence will grow
- ◇ It reduces stress and calms him down



and how is it done?

The dog, at his own speed, can explore the shapes, materials, scents, noises, surfaces and tastes. He can go anywhere, sniff anything, and even bite if he wants to.

Alternatively, he can stand still and experience new sensations before deciding what to explore next, or where to take a closer look.

the small print...

There isn't any! But it's wise to take a moment to read the rules of the game, for your dog's optimal pleasure

tip: Create your own sensory garden.

You can even use your balcony for it!